



December 1st, 2015

The 7th Annual Joy of Aging Fundraiser reaches the \$200,000 milestone for Mackenzie Health Foundation

On Sunday, November 1st over 250 women gathered at Bellvue Manor to enjoy a special morning to celebrate healthy aging and raised almost \$25,000 for the Mackenzie Health Foundation. This contributes to the prior years earnings and credits The Joy of Aging with \$200,000 raised on behalf of Mackenzie Health Foundation, an amazing milestone of which all participants, sponsors and volunteers should be proud.

The event was organized by financial planners, Tina Tehranchian and Janine Purves and their team at the Richmond Hill branch of Assante Capital Management Ltd. with the assistance of volunteers and committee members.

This year's Event Emcee was Tracy Moore, host of Cityline who helped keep the morning moving with lots of fun, laughter and wonderful give-aways. The morning began with the attendees serenaded by musical composition by Penelope Dale (Soprano) and Richard Maddock (Pianist). Tracy introduced Stav D' Andrea, Chief Human Resource Officer of Mackenzie Health who spoke on behalf of the Mackenzie Health Foundation and their elaborate goals in the coming years including the soon to be built Mackenzie Vaughan Hospital. This was followed by the keynote speaker Dr. Ahmed El- Sohemy, associate professor at the University of Toronto and Canada Research Chair in Nutrigenomics presentation of "**The Answer May be in your Genes**".

Financial planners, Tina Tehranchian and Janine Purves, also the Platinum Presenting Sponsors, continued the morning with their philanthropic focused presentation 'Creating a Lasting Legacy'. Multi-Faceted dancer, Roula Said of The Seven Waves Movement, continued the fun with a belly dancing lesson.

The funds raised will go to purchase a vital signs monitor machine. These machines are used daily in virtually every area of the hospital. They monitor patients' vital signs, including their heart beat, blood pressure, breathing rate and temperature. The organizers want to wish a special thank you to all the people that attended, and the sponsors & volunteers who help make this event happen every year.

The sponsors of the event included an array of national and local businesses including: Assante Capital Management Ltd. Richmond Hill Branch, CI Investments, Orangetheory Fitness, RBC Global Asset Management. For additional sponsors, [please check the website](#). The silent auction had something that catered to everyone including an Ipad Mini from Staples, Executive health package from Cleveland Clinic, spa treats and various sports packages and memorabilia.

Snapd Vaughan, The Liberal and Persian Tribune were the media sponsors. Fair print was the printing sponsor and Oh La la Event Décor was the décor Sponsor. On the Spot Massage provided massages, and LKM artist Studio provided a make-up booth, the proceeds of which were donated to Mackenzie Health Foundation.

Save the Date! Sunday October 23rd, 2016 for The Joy of Aging 2016! We hope you can make it! Visit our [Website](#) and [Facebook](#) page for updates.